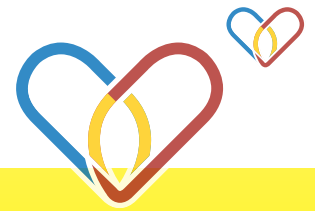


# Berlin-Chemie Menarini satellite symposium

6<sup>th</sup> April 2018, 14:20-15:05, Original Sokos Hotel Viru

Viru Väljak 4, Tallinn



**14:20–14:40**

„The newest guidelines on hypertension: focus on tight blood pressure control.“ Prof. M. Viigimaa (EE)

**14:40-15:00**

„Uncontrolled hypertension – time to act. Lessons learned from case studies.“ Assist. Prof. K. Trušinskis (LV)

**Discussion**



## Prof. Margus Viigimaa (EST)

MD, PhD, FESC, FACC

Education – University of Tartu, Estonia (MD, PhD)

Positions - Research Head of the Centre of Cardiology, North Estonia Medical Centre and Head of the Centre for Cardiovascular Medicine, Tallinn University of Technology.

His main research fields are technologies in hypertension, dyslipidemia and cardiovascular prevention. M. Viigimaa has published more than 300 original scientific papers. He is a founder (2009) and chairman of the Working group "Hypertension and sexual dysfunction" of the European Society of Hypertension. Professor M. Viigimaa is the Fellow of the European Society of Cardiology and American College of Cardiology. M. Viigimaa is Past President of the Estonian Society of Cardiology, Past President of the Baltic Atherosclerosis Society and vice president of the Estonian Society of Hypertension.

M. Viigimaa is member of the editorial board of the journals Blood Pressure, High Blood Pressure & Cardiovascular Prevention, Journal of System Hypertension, Arterial Hypertension, Romanian Journal of Cardiology, Russian Journal of Cardiology, Journal of Cardiology and Therapy.

He is also Director of Estonian WHO CINDI Programme, Chairman of the Estonian CVD Prevention Programme and Member of the Board of the Estonian Heart Strategy. M. Viigimaa is the honorary member of the Swedish Society of Hypertension, Hungarian Society of Hypertension and the Bulgarian Hypertension League. Professor M. Viigimaa has been awarded a Gold medal of the Ukraine National Academy of Medical Sciences and a honorary medal "Ak Jurek" of the Association of Cardiologists of Kazakhstan.

M. Viigimaa has been an invited speaker and chairman on numerous international meetings including European Meetings on Hypertension, ESC Congresses, World Congress of Angiology, Baltic-Nordic Hypertension Meetings, Baltic Atherosclerosis Congresses, Nordic-Baltic Cardiology Congresses etc.



## Assist. Prof. Kārlis Trušinskis (LV)

MD, PhD

Pauls Stradins Clinical University Hospital, Latvian Centre of Cardiology, Riga, Latvia

Dr. Kārlis Trušinskis works as an interventional cardiologist at the Latvian Centre of Cardiology. He is also an assistant professor at Riga Stradins University, and Scientific Assistant at the Research Institute of Cardiology of the University of Latvia.

He had his post-graduate studies in Interventional Cardiology and Echocardiography at Catharina Hospital, Glenfield University Hospital, San Donato Hospital, Monash Medical Centre. He received his PhD degree at the University of Latvia.

Dr. Kārlis Trušinskis is the president of the Latvian Society of Hypertension and Atherosclerosis and a member of the Latvian Society of Cardiology.

He has authored and co-authored several national and international publications and has also worked as a reviewer in reputed professional journals. Dr. Kārlis Trušinskis is actively collaborating with various societies and academies worldwide.



**7th Baltic  
Atherosclerosis Congress**  
April 6-7, 2018 Tallinn, Estonia



**BERLIN-CHEMIE  
MENARINI**